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PRESS RELEASE

Immediate Release

HONG KONG ART SCHOOL
香港藝術學院

Hidden Treasures

The Therapeutic Potentials of Art
at Leisure and in Retirement

Experimental Gallery
6 – 17 March 2019
3/F, Hong Kong Arts Centre
10am to 6pm

藏寶
休閒藝術的
治癒潛能



**Hidden Treasures – The Therapeutic Potentials of Art of Leisure and in Retirement
6-17 March 2019@ Experimental Gallery, Hong Kong Arts Centre
“It is never too late to give art a try!”**

(6 March, 2019 | Hong Kong) This exhibition showcases the selected artworks created by a mixed group of **elderly, retired and adult participants** from a series of customised art classes organised by **Hong Kong Art School (a division of Hong Kong Arts Centre)**. It not only aims to bring out the therapeutic potentials of art practice and the possible comfort or benefit extended to the family members of the participants, but also highlights something treasurable that is hidden in individual participants and can be revealed through art.

The art classes held between September 2017 and March 2019 were designed to enrich the retired lives of most of the participants with splashes of colours, to facilitate them to explore their own hidden artistic talents, and to bring them to discover more about themselves, their family members and their surroundings via art-making. Most of class participants were at different stages of their retired lives, **with ages ranging from around 50 to 95**. The elderly participants were in different physical health conditions; and it was the first time for many of the participants to try their hands at art-making.

Please visit our exhibition to witness the first-time try-out of many of the elderly participants. Despite their ages, different backgrounds and different physical health conditions, they never failed to try and experiment, and they were always contented about what they could make do with in the world of art. **It is truly never too late for anyone to pick up a painting brush and give art a try!**

In this exhibition, visitors can also have the rare opportunity **to discover the less known artistic talents of some well-respected local professionals in different fields.**

Our special gratitude goes to: Ms. Dominica YANG (Chairman, Board of Governors, Hong Kong Arts Centre) for her initiation of the classes and the exhibition; Humansa and Miss Simone Katie YANG for their generous

sponsorship for the classes; and the Hong Kong Country Club for their wonderful venue support on the conduction of the customised art classes between April 2018 and March 2019.

Hidden Treasures – The Therapeutic Potentials of Art of Leisure and in Retirement

Date : 6-17 March 2019

Time : 10am-6pm

Venue : Experimental Gallery, 3/F, Hong Kong Arts Centre(2 Harbour Road, Wanchai, Hong Kong)

Opening : 9 March 2019 (Saturday) 4pm

Featuring artwork by:

Allan AW, Doris CHANG, Ada CHU, M. HSUAN, Ruth LAU, Christina LEE, Nancy LEE, Wendy SONG, Elvira TAN, Pei Pei WANG, Simmone Katie YANG, Ti Liang YANG, Patrick YU Shuk Siu

Link of photos for download:

https://drive.google.com/open?id=1-etDkseXrE3ecEtKf2YrKAc5qh9q_1Cp

SHORT COURSES FOR SENIORS

Inspired by this experience, Hong Kong Art School will also be launching short courses that will welcome the participation of Seniors and Retirees, encouraging them to get in touch with art:

Chinese Brush Painting – Expressions of the Mind (Tutor: Virginia LO)

25/04/2019-27/06/2019 (Thursday) 2:30pm - 4:30pm

Fun with Hand-building Ceramics (Tutor: Louis LO)

26/04/2019-05/07/2019 (Friday) 2:00pm - 5:00pm

For more details on the courses, please visit:

<http://www.hkas.edu.hk/en/art-for-all>

About Hong Kong Art School

Hong Kong Art School (HKAS), founded in 2000, is a division of the Hong Kong Arts Centre (HKAC). HKAS is an accredited institute staffed by a group of dedicated artists and art educators, who are active and distinguished practitioners in the field. The School's award-bearing curriculum focuses mainly in the area of Fine Art (Ceramics, Painting, Photography and Sculpture). Its scope covers programmes with academic levels ranging from Higher Diploma to Bachelor Degree and Master Degree. The short programmes and the outreach projects of the School that run parallel to the award-bearing curriculum span a wide variety of artistic disciplines, and genuinely bridge art and the community.. www.hkas.edu.hk

Media Enquiry

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